



Ready to enroll?

Check out the 4-H clubs in Mountrail County,
or we'll help you start a club of your own!

Buckaroos

Leader(s): Lindsey Jensen: linzy04@hotmail.com

Jessica Bullinger: jbullinger@nccray.net

Phone: Lindsey: 701-425-6497

Jessica: 701-339-7922

Meetings: Powers Lake

Projects: Everything

Mountrail Eagles

Leader: Lynnette Vachal: Lynnette.Vachal@ndsu.edu

Becky Goettle: b_Lebrun@hotmail.com

Phone: Lynnette: 701-629-3000

Becky: 701-730-4373

Meetings: South Complex - Stanley

Projects: Everything

Mountrailsmen

Leader: Sara Brewer: sjohnson_03@hotmail.com

Melissa Vachal: melissav@co.mountrail.nd.us

Phone: Sarah: 701-629-9022

Melissa: 701-313-0311

Meetings: South Complex - Stanley

Projects: Everything

Cloverleaf Cowboys

Leader: Barb DeTienne

Phone: 701-898-7842

Email: sandyflats@restel.net

Meetings: South Complex - Stanley & varies

Projects: Everything

Mountrail Pioneers

Leader: Laura Fransen

Phone: 701-898-8400

Email: laurajfransen@gmail.com

Meetings: Plaza Road & Bridge Building

Projects: Everything

Ross Roughriders

Leader: Lisa Uran: lwesterneess@hotmail.com

Amanda Hynek: Amanda_medcalf12@hotmail.com

Phone: Lisa: 701-240-3295

Meetings: Ross Church or South Complex

Projects: Everything

Stanley Stampede

Leader: Rochelle Feldman: romingler@hotmail.com

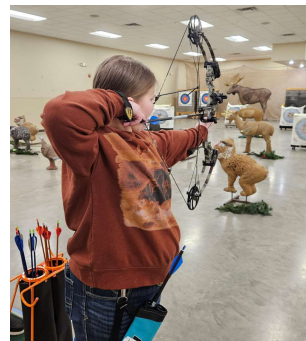
Tammy Littlefield: mtlittlefield@restel.com

Phone: Rochelle: 701-771-0109

Tammy: 701-898-8402

Meetings: Varies

Projects: Everything





FIND YOUR SPARK IN 4-H!

What is 4-H?

North Dakota 4-H provides hands-on, real life experiences through projects, activities, and events to youth, ages 5-18. 4-H is the largest and the only research-based youth organization in the state and is conducted by North Dakota State University Extension.

What will I learn?

4-H has a lot to explore to help you find your “spark” — an interest or skill that lights your fire and helps you find joy, energy and purpose!

What else can I do as a 4-H member?

Youth can compete in various contests, attend 4-H camp, build leadership skills and roles, complete service learning activities and more.

NDSU Extension – Mountrail County

Physical address: 6103 61st St NW

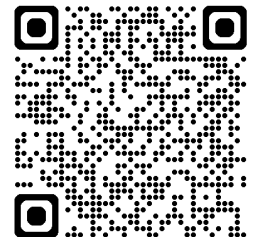
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www.facebook.com/MountrailCounty4H/



<https://tinyurl.com/MountrailCo4-H>